DR RICCARDO AMMANNATO



He graduated in Dentistry from the University of Genoa in 1999. He attended the Department of Conservation of the University of Zurich, under the guidance of Prof. F. Lutz, exploring topics related to adhesive dentistry and its applications in conservative and prosthetics.

He is an active member of the European Academy Esthetic Dentistry(EAED), an active member of the Italian Academy of Conservative (AIC); and an active member of the Italian Academy Esthetic Dentistry (IAED). He has developed and published in 2015 and 2018 on the International Journal of Esthetic Dentistry (IJED), a new and no prep approach to restore worn dentition: The "Index Technique" Author of articles on direct and indirect restorative dentistry and speaker at international courses and congresses. He works as a freelancer in Genoa with a multidisciplinary, approach, especially in aesthetic

INFORMATIONS

The course is structured in the context of www.relax-learn.com which includes 3 days of theory & Hands-on and 3 days of vacation in the Seychelles. Prices vary depending on the hotel category and the activities chosen. For payment methods, accommodation and other details contact the promoter via email or visit the website. Full payment of the fee is required at the time of registration by the 15th of January 2023

PROMOTER

Dr. Tazio Tournier

LE CHANTIER DENTAL CLINIC
BEL ETANG -APT 4 -VICTORIA -MAHE'

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VENUE

EDEN BLEU Conference room
-VICTORIA -MAHE'
SEYCHELLES

www.relax-learn.com

DR. RICCARDO AMMANNATO

DENTAL WEAR?
DIRECT &
INDIRECT "NO
PREP"
APPROACH.















04-11/03/2023

COURSE OBJECTIVES

The evolution of composite materials together with adhesive techniques are satisfying the demands of patients who ask for less and less invasive therapies combined with high aesthetic results in the back and front sectors. The range of restorative options is wider, thanks to materials able to respond adequately to mechanical stress, offering a natural aesthetic and an effective adhesive capacity, if treated with specific protocols.

The purpose of this course is to share a protocol for correct diagnosis and treatment of worn dentition (erosion-abrasion-attrition-abfraction) through a new direct "no prep" approach by increasing VDO (Vertical Dimension of Occlusion)with "The Index Technique". The course will also evaluate when and how to use indirect partial restorations (composite and ceramic) according to indications and type of dental wear.

The step-by-step protocol of this technique will be analysed through an accurate photographic and video documentation, on the patient, in such a way as to have a total understanding of the technique. The financial costs and sessions needed to finalise cases will also be analysed with this approach, which are far lower than with a conventional prosthetic approach with full crowns .

C O U R 5 E O U T L I N E

- How to make a correct diagnosis between erosion, abrasion, attrition, abfraction.
- Initial functional and aesthetic analysis.
- How to increase DVO and design "restorative" wax-up.
- Anterior and posterior mock-ups to evaluate aesthetics, phonetics, function (with video projection on patient).
- How to increase VDO and design "restorative" wax-up.
- How to perform the transparent clear index on the "restorative" wax-up (with video projection on patient).
- Adhesion to different substrates of worn dentition (with video projection on patient).
- Protocol for non-prep "copy & paste" restorations, (Index Technique), in anterior sextants, (with video projection on patient).
- Protocol for non-prep "copy & paste" restorations, (Index Technique), in rear sextants, (with video projection on patient).
- When and how to use indirect partial restorations (composite and ceramic) on worn teeth (with video projection on patient).



- How to make transparent mask on the "restorative wax-up".
- -"Copy & paste" composite restoration through the mask.

Participants will bring the following material for the practical part:

- Number 15 -blade mounted scalpel
- Magnifications loupes (if used in clinical practice).
- Spatula for modeling composites.
- Probe and tweezers
- Scissors to cut matrices